

The Islands Community Association invites you to join us for this day of family fun and fitness!

Race Day Schedule:

7:30am Registration/Check-in
8:15am 1 Mile Family Fun Run
8:30am 5K Run
8:30am Pancake Breakfast & Beach Party Begin
9:30am 100-Yard Kids' Dash

5K Run - \$22, Family Fun Run - \$7

Walkers and Runners will enjoy a beautiful, fast course through our waterfront community.

BEACH PARTY

FREE for a all 5K, Fun Run Participants and their families! Great Family Fun! Includes, music, snacks, local business & food vendors, kids crafts, games and more!

PANCAKE BREAKFAST

All 5K & Family Fun Run participants receive a ticket for the pancake breakfast. Additional tickets available for \$3 each.

100-YARD KIDS' DASH* - FREE

Open to all kids, ages 2-10. Each child will be awarded a ribbon.

**T-shirt and Pancake Breakfast not included in dash registration.*

REGISTRATION OPTIONS

Online:

www.arizonarunningeventsco.com

Mail in:

The Islands Community Association
825 S. Islands Drive W.
Gilbert, Arizona 85233



**5K, 1 Mile Family Fun Run,
Beach Party &
Pancake Breakfast**

NEW DATE

Saturday, March 27, 2010

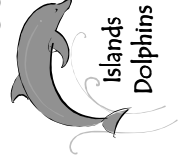
Both races start and finish at:

The Islands Community Park
825 S. Islands Drive West
Gilbert, Arizona 85233

SE Corner of Warner &
S. Islands Drive West
(one block east of McQueen)

For more information contact:
Deidre Garber at 602-309-7233 or
by email at dgarber@ccmcnet.com

ALL PROCEEDS BENEFIT:



ISLANDS
ELEMENTARY
SCHOOL

RUN FOR THE ISLANDS INDIVIDUAL/FAMILY ENTRY FORM

Last: _____
 First: _____
 DOB: _____ Age(3/27/10): _____ Sex: M F

_____ 5K Run
 _____ 1 Mile Fun Run
 T-Shirt: (circle one)
 Adult - S M L XL XXL
 Youth - S M L

_____ Kids' Dash*
 *Ages 2-10. Ribbon Awarded. T-Shirt & Breakfast not included in dash registration.

Last: _____
 First: _____
 DOB: _____ Age(3/27/10): _____ Sex: M F

_____ 5K Run
 _____ 1 Mile Fun Run
 T-Shirt: (circle one)
 Adult - S M L XL XXL
 Youth - S M L

_____ Kids' Dash*
 *Ages 2-10. Ribbon Awarded. T-Shirt & Breakfast not included in dash registration.

Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____

Last: _____
 First: _____
 DOB: _____ Age(3/27/10): _____ Sex: M F

_____ 5K Run
 _____ 1 Mile Fun Run
 T-Shirt: (circle one)
 Adult - S M L XL XXL
 Youth - S M L

_____ Kids' Dash*
 *Ages 2-10. Ribbon Awarded. T-Shirt & Breakfast not included in dash registration.

Last: _____
 First: _____
 DOB: _____ Age(3/27/10): _____ Sex: M F

_____ 5K Run
 _____ 1 Mile Fun Run
 T-Shirt: (circle one)
 Adult - S M L XL XXL
 Youth - S M L

_____ Kids' Dash*
 *Ages 2-10. Ribbon Awarded. T-Shirt & Breakfast not included in dash registration.

PANCAKE BREAKFAST

Each 5K and Family Fun Run participant will be provided with 1 ticket to the pancake breakfast. Additional tickets are \$3 and may be purchased in advance. Advanced extra ticket purchases will be included in your packet at race packet check-in/pick-up.

PAYMENT

Entry Fees (Per Person):
5K Race _____ x \$22 = _____
 (after 3/17/10) _____ x \$27 = _____
Fun Run _____ x \$ 7 = _____
 *\$30 Family Max
 (after 3/17/10) _____ x \$10* = _____
 *\$40 Family Max
Kids Dash _____ x FREE = _____
Extra Pancake Breakfast Tickets _____ x \$ 3 = _____
Total Enclosed: _____

Make Checks Payable to:

The Islands Community Association
Mail in forms & payments to:
 The Islands Community Association
 825 S. Islands Drive W, Gilbert, AZ 85233
 or
Drop off forms & payments at:
 The Islands Elementary School Office
Questions?
 Please contact Deidre at
 dgarber@ccmcnet.com or 602-309-7233

RACE/FUN RUN RELEASE Must be read and signed by all participants.

I assume full and complete responsibility for any injury or accident which may occur to me during the event or while I am on the premises of the event. I release and hold harmless the sponsors and all other persons and entities associated with the event from liability, injuries and damage sustained by me whether it be caused by negligence of the sponsors and all other person and entities associated with the event. I grant permission to use any photographs, videotapes, or any other records of this event involving me for any legitimate purpose. I understand that fees are nontransferable and that bikes, skateboards and glass are not allowed. T-shirt size is not guaranteed. I have read the foregoing and certify my agreement by the signature below, and my parent's or guardian's if under 18.

Signature of participant or parent/guardian _____ Date _____
 Signature of participant or parent/guardian _____ Date _____